(=looking through sg a

second or third time)

Establish a routine! Routine the same way.

means doing certain things regularly in

Do different things to **maintain your interest**. *interest high*)



=keen vour

Don't study words in sequence (=in the order they

appear in the dictionary); choose ones that interest you.

Be active when you are studying. For example: while you are reading, use a





pen to mark new or interesting vocabulary.

Practise saying the words **silently**



(=without a noise) in your head,

and also **out loud** (=making a noise, so it is possible for others to hear), to see if you can pronounce them.

Put new words in your own notebook using some ideas ----I'll get back with

them later



to do it **effectively**.

N

(If something is

effective, it works well and produces good results.)

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It is common to learn a word one day, then find you cannot remember it a day later. If you revise regularly (*just for short periods*), it helps you to remember words and make them part of your 'active' vocabulary.

Revise for short periods but do it often.

Five minutes a day is probably better than half an hour a week; but half an hour a week is probably better than two hours a month.

As with studying, be **active** when you revise. Look for different ways to revise: test yourself; **set goals/targets**



(=decide on things you want to be able to do by a particular time).





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